



ISSN: 3060-4613



MAKTABGACHA  
VA MAKTAB  
TA'LIMI VAZIRLIGI



O'zbekiston  
Milliy Pedagogika  
Universiteti



No6(3)

2026

- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

# M

# AKTABGACHA VA AKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



# MAKTABGACHA VA MAKTAB TA'LIMI



Elektron nashr. 372 sahifa,  
9-iyun, 2026-yil.

## **BOSH MUHARRIR:**

Karimova E'zoza Gapijranovna – O'zbekiston Respublikasi Maktabgacha va maktab ta'limi vaziri

## **BOSH MUHARRIR O'RINBOSARI:**

Ibragimova Gulsanam Ne'matovna – Pedagogika fanlari doktori, professor

## **TAHRIRIYAT KENGASHI A'ZOLARI**

Ibragimov X.I. – pedagogika fanlari doktori, akademik  
Shoumarov G'.B. – psixologiya fanlari doktori, akademik  
Qirg'izboyev A.K. – Tarix fanlari doktori, professor  
Jamoldinova O.R. – pedagogika fanlari doktori, professor  
Sharipov Sh.S. – pedagogika fanlari doktori, professor  
Shermuhhammadov B.Sh. – pedagogika fanlari doktori, professor  
Ma'murov B.B. – pedagogika fanlari doktori, professor  
Madraximova F.R. – pedagogika fanlari doktori, professor  
Kalonov M.B. – iqtisodiyot fanlari doktori, professor  
Nabiyev D.X. – iqtisodiyot fanlari doktori, professor  
Qo'ldoshev Q. M. – iqtisodiyot fanlari doktori, professor  
Ikramxanova F.I. – filologiya fanlari doktori, professor  
Ismagilova F.S. – psixologiya fanlari doktori, professor (Rossiya)  
Stoyuxina N.Yu. – psixologiya fanlari nomzodi, dotsent (Rossiya)  
Magauova A.S. – pedagogika fanlari doktori, professor (Qozog'iston)  
Rejep O'zyurek – psixologiya fanlari doktori, professor (Turkiya)  
Wookyu Cha – Koreya milliy ta'lim universiteti rektori (Koreya)  
Polonnikov A.A. – psixologiya fanlari nomzodi, dotsent (Belarus)  
Mizayeva F. O. – Pedagogika fanlari doktori, dotsent  
Baybayeva M.X. – pedagogika fanlari doktori, professor  
Muxsiyeva A.T. – pedagogika fanlari doktori, professor  
Aliyev B. – falsafa fanlari doktori, professor  
Abdullayeva N. Sh. – Pedagogika fanlari doktori (DSc), professor  
Doniyorov S. M. – “Yangi O'zbekiston” va “Pravda Vostoka” gazetalari tahririyati DM bosh muharriri, O'zbekiston Respublikasida xizmat ko'rsatgan jurnalist, filologiya fanlari bo'yicha falsafa doktori (PhD), dotsent  
G'afurov D. O. – falsafa fanlari doktori (PhD)  
Shomurodov R.T. – iqtisodiyot fanlari nomzodi (PhD), dotsent  
Mirzayeva F. O. – pedagogika fanlari doktori (DSc), dotsent  
Jalilova S.X. – psixologiya fanlari nomzodi (PhD), dotsent  
Bafayev M.M. – psixologiya fanlari bo'yicha falsafa doktori (PhD), dotsent  
Usmonova D.I. – Samarqand iqtisodiyot va servis institute dotsenti  
Saifnazarov I. – falsafa fanlari doktori, professor  
Nematov Sh.E. – pedagogika fanlari nomzodi (PhD)  
Tillashayxova X.A. – psixologiya fanlari nomzodi (PhD), dotsent  
Yuldasheva F.I. – pedagogika fanlari bo'yicha falsafa doktori (PhD), dotsent  
Yuldasheva D.B. – filologiya fanlari bo'yicha falsafa (PhD) doktori, dotsent  
Tangriyev A. T. – Toshkent davlat iqtisodiyot universiteti kafedra professori  
Ashurov R. R. – psixologiya fanlari bo'yicha falsafa doktori (PhD), dotsent  
Panjiyev M. A. – Qashqadaryo viloyati Maktabgacha va maktab ta'limi boshqarmasi boshlig'ining birinchi o'rinbosari  
Xudayberganov N. A. – Xorazm Ma'mun akademiyasi Tabiiy fanlar bo'limining katta ilmiy xodimi, biologiya fanlari bo'yicha falsafa doktori (PhD)  
Vaxobov Anvar Abdusattor o'g'li – Pedagogika fanlari bo'yicha falsafa doktori, dotsent

**Muassis:** “Tadbirkor va ishbilarmon” MChJ

**Hamkorlarimiz:** O'zbekiston Respublikasi Maktabgacha va maktab ta'limi vazirligi, O'zbekiston milliy pedagogika universiteti

#### **EDITOR-IN-CHIEF:**

Karimova E'zoza Gapirzhanovna – Minister of Perschool and School Education of the Republic of Uzbekistan

#### **DEPUTY EDITOR-IN-CHIEF:**

Ibragimova Gulsanam Ne'matovna – Doctor of Pedagogical Sciences, Professor

#### **EDITORIAL BOARD MEMBERS:**

**Ibragimov X.I. – Doctor of Pedagogical Sciences, Academician**

**Shoumarov G. B. – Doctor of Psychological Sciences, Academician**

**Qirg'izboyev A. K. – Doctor of Historical Sciences, Professor**

**Jamoldinova O.R. – Doctor of Pedagogical Sciences, Professor**

**Sharipov Sh.S. – Doctor of Pedagogical Sciences, Professor**

**Shermuhhammadov B.Sh. – Doctor of Pedagogical Sciences, Professor**

**Ma'murov B.B. – Doctor of Pedagogical Sciences, Professor**

**Madraximova F.R. – Doctor of Pedagogical Sciences, Professor**

**Kalonov M.B. – Doctor of Economic Sciences, Professor**

**Nabiyev D.X. – Doctor of Economic Sciences, Professor**

**Koldoshev K. M. – Doctor of Economic Sciences, Professor**

**Ikramxanova F.I. – Doctor of Philological Sciences, Professor**

**Ismagilova F.S. – Doctor of Psychological Sciences, Professor (Russia)**

**Stoyuxina N.Yu. – Candidate of Psychological Sciences (PhD), Associate Professor (Russia)**

**Magauova A.S. – Doctor of Pedagogical Sciences, Professor (Kazakhstan)**

**Rejep O'zyurek – Doctor of Psychological Sciences, Professor (Turkey)**

**Wookyu Cha – President of the National University of Education, Korea (South Korea)**

**Polonnikov A.A. – Candidate of Psychological Sciences (PhD), Associate Professor (Belarus)**

**Mizayeva F. O. – Doctor of Pedagogical Sciences, Professor**

**Baybayeva M.X. – Doctor of Pedagogical Sciences, Professor**

**Muxsiyeva A.T. – Doctor of Pedagogical Sciences, Professor**

**Aliyev B. – Doctor of philosophy, professor**

**Abdullayeva N. Sh. – Doctor of Pedagogical Sciences (DSc), Professor**

**Doniyorov S. M. – Editor-in-Chief of the DM Editorial Office of the newspapers “Yangi O'zbekiston” and “Pravda Vostoka”, Honored Journalist of the Republic of Uzbekistan, Doctor of Philosophy (PhD) in Philology, Associate Professor**

**Gafurov D. O. – Doctor of Philosophy (PhD)**

**Shomurodov R.T. – Candidate of Economic Sciences (PhD), Associate Professor**

**Mirzayeva F. O. – Doctor of Pedagogical Sciences (DSc), Associate Professor**

**Jalilova S.X. – Candidate of Psychological Sciences (PhD), Associate Professor**

**Bafayev M.M. – Doctor of Philosophy in Psychological Sciences (PhD), Associate Professor**

**Usmonova D.I. – Associate Professor, Samarkand Institute of Economics and Service**

**Saifnazarov I. – Doctor of philosophy, professor**

**Nematov Sh.E. – Candidate of Pedagogical Sciences (PhD)**

**Tillashayxova X.A. – Candidate of Psychological Sciences (PhD), Associate Professor**

**Yuldasheva F.I. – Doctor of Philosophy in Pedagogical Sciences (PhD), Associate Professor**

**Yuldasheva D.B. – Doctor of Philosophy (PhD) in Philological Sciences, Associate Professor**

**Tangriyev A.T. – is a professor of Tashkent State University of Economics**

**Ashurov R. R. – Doctor of Philosophy (PhD) in Psychology, Associate Professor**

**Panjiyev M. A. – First Deputy Head of the Department of Preschool and School Education of the Kashkadarya Region**

**Khudaiberganov N. A. – Senior Researcher of the Department of Natural Sciences of the Khorezm Mamun**

**Academy, Doctor of Philosophy (PhD) in Biological Sciences**

**Vakhobov Anvar Abdusattor oglu – Doctor of Philosophy in Pedagogical Sciences, Associate Professor**

“Maktabgacha va maktab ta'limi” jurnali O'zbekiston Respublikasi Oliy attestatsiya komissiyasining quyidagi qarorlariga asosan pedagogika va psixologiya fanlari bo'yicha falsafa doktori (PhD) hamda fan doktori (DSc) ilmiy darajasiga talabgorlarning dissertatsiyalaridagi asosiy ilmiy natijalarni chop etish uchun milliy ilmiy nashrlar ro'yxatiga kiritilgan:

Pedagogika fanlari bo'yicha: OAK Kengashi tavsiyasi (26.08.2024-y., №11-05-4381/01) asosida:

- Ekspert kengashi (29.10.2024-y., №10)
- Rayosat qarori (31.10.2024-y., №363/5)

Psixologiya fanlari bo'yicha: Toshkent davlat pedagogika universiteti murojaatiga asosan OAK tavsiyasi (24.04.2025-y., №11-05-2566/01):

- Ekspert kengashi (25.05.2025-y., №10)
- Rayosat qarori (08.05.2025-y., №370/5)

“Maktabgacha va maktab ta'limi”  
jurnali

26.09.2023-yildan

O'zbekiston Respublikasi Prezidenti  
Administratsiyasi huzuridagi Axborot  
va ommaviy kommunikatsiyalar  
agentligi tomonidan **№C-5669363**  
reyestr raqami tartibi bo'yicha  
ro'yxatdan o'tkazilgan.

Litsenziya raqami: **№136361**

# MUNDARIJA

O'zbek bolalar folklorining etnopsixologik jihatlarini o'rganishning ahamiyati.....	10
<i>Alimbayeva Shaxlo Tursunovna</i>	
The Convergence of Educational Paradigms: Policy Borrowing, Adaptability, and Institutional Reform in Uzbekistan's Modern School System .....	15
<i>Lola Rakhmonovna Djurakulova, Karina Eduardovna Bushevskaya</i>	
Bo'lajak jismoniy tarbiya o'qituvchilarida valeologik kompetensiyalarni rivojlantirish .....	21
<i>Xudoyberdiyev G'iyosiddin Baxtiyor o'g'li, Mamatqulov Davronbek Abdig'apparovich</i>	
Autizm spektridagi buzilishlarga ega bolalar rivojlanishida STEAM ta'lim texnologiyasining pedagogik ahamiyati.....	25
<i>Ne'matova Hilola Ikrom qizi, Ahmadova Zuhra Adizovna</i>	
Ozodlikdan mahrum qilingan shaxsning jazoni ijro etish muassasasidagi moslashuvining psixologik xususiyatlari .....	30
<i>Saydullayeva Muxabbat Abdullayevna</i>	
Boshlang'ich sinflarda o'quvchilarning ijodiy qobiliyatini rivojlantirishning pedagogik ahamiyati.....	33
<i>Shodiyeva Gulruh Xayrullayevna, Ergasheva Farog'at</i>	
Boshlang'ich sinf o'quvchilarida gamifikatsion topshiriqlar asosida divergent fikrlashni shakllantirishning didaktik mexanizmlari.....	37
<i>Jalilov Muhammadali Abdumutalibovich, Saloydiovva Sevaraxon Mahammadsharif qizi</i>	
Darsdan tashqari mashg'ulotlarda boshlang'ich sinf o'quvchilarining ijodiy faoliyat tajribasini shakllantirish .....	41
<i>Sayfiddinova Muxlisa Sayfiddinovna</i>	
Harbiy xizmatchilar oilalarida inqirozlarni profilaktika qilishda ijtimoiy-psixologik xizmatlarning o'rni .....	45
<i>Sh. S. Kurbanova</i>	
Yosh onalarning pedagogik kompetensiyalariga oid ilmiy-nazariy yondashuvlar .....	49
<i>Yuldasheva Zulayxo Sadullayevna</i>	
Роль нарративно-экспозиционной терапии при работе с детьми, репатрированными из ЗОН вооружённых конфликтов .....	53
<i>Юлдашев Санжар Рузимуродович</i>	
Boshlang'ich sinf texnologiya darslarida zamonaviy pedagogik texnologiyalar: muammo va uning yechimlari.....	57
<i>Mamatova Karomat Ilhomjonovna</i>	
Bitiruvchi sinf o'quvchilarini kasb-hunarga yo'naltirish jarayonlarida individual yondashuvning ahamiyati ...	61
<i>Asilova Sanobar Xatamboyevna</i>	
Optika bo'limini o'qitishning didaktik asoslari.....	66
<i>Avulova Zamira Tursunmurodovna, Nomozova Dilnoza Mamarajab qizi, Shomurodova Maftuna Tolibjon qizi, Rayimova Muazzam Xolbobo qizi</i>	
Bo'lajak informatika o'qituvchilarida kompyuter grafikasiga oid kompetensiyalarni rivojlantirish uchun Gamified Project-Based Learning asosidagi integrativ metodika ishlab chiqish .....	69
<i>D. Y. Pulatova, G'. R. Berdiyev</i>	
Psixologik savodxonlikning o'smirlar akademik savodxonligiga ta'siri.....	76
<i>Fayzullayev Mirzaodil Mirzamurodovich</i>	
Umumiy o'rta ta'lim maktablarida fizika darslarida loyihaviy ta'limni qo'llashning pedagogik asoslari .....	81
<i>Ismonov Turgunpulat To'liqinovich</i>	
Maktabgacha yoshdagi bolalarning tabiatga oid kompetensiyalarini rivojlantirishda mashg'ulot, ekskursiya va sayrlardan foydalanish metodikasi.....	84
<i>Maripova N. X.</i>	
Individual yondashuvga asoslangan pedagogik mexanizmlarni amaliyotga joriy etish metodikasi .....	88
<i>Nurova Malika Abduzairovna</i>	



Communicative Learning as a Basis for Critical Thinking Development .....	92
<i>Petrosyan Nelya Valerevna, Khalilova Farangiz Khoshimovna</i>	
Nikohdan oldingi hissiy-emotsional kompetentlikni rivojlantirishning ijtimoiy-psixologik omillari .....	97
<i>Raximova Gulxayo Alisherovna</i>	
Talabalarda chidamkorlikni rivojlantirishning ahamiyati .....	100
<i>Shaalimov Muxtorsha Atxamovich</i>	
Maktabgacha katta yoshdagi bolalarda ertaklar orqali tarbiya berish usullari .....	105
<i>X. Sh. Ochilova</i>	
Bo'lajak tarbiyachilarning ijtimoiy kompetensiyasini rivojlantirishda interfaol ta'lim texnologiyalarining samaradorligi .....	109
<i>Xalilova Dilnoza Furkatovna</i>	
Bo'lajak boshlang'ich sinf o'qituvchilarida kitobxonlik madaniyatini kreativ yondashuvlar asosida shakllantirish imkoniyatlari .....	112
<i>Xolyigitova Bahoroy Kimsanboyevna</i>	
Bo'lajak buxgalleriya hisobi va audit sohasidagi talabarning kasbiy kompetensiyalarini rivojlantirishning nazariy asoslari .....	117
<i>Arziyeva Visola Namozovna</i>	
Boshlang'ich ta'lim mazmunini tizimlashtirishning didaktik va aksiologik tamoyillari .....	121
<i>Shabbazova Dilfuza Ruzikulovna</i>	
Munis Xorazmiy devonining o'rganilishi va uning tarixiy-etimologik tahlili .....	125
<i>Sharopova Durdona Azim qizi</i>	
Raqamli texnologiyalar asosida pedagogik kompetensiyalarni takomillashtirish asoslari .....	129
<i>Tashmatova Gulzoda</i>	
Maktabgacha ta'limda steam yondashuvining didaktik imkoniyatlari .....	133
<i>To'xtaboyeva Maftunaxon G'aniyevna</i>	
Raqamli pedagogikaning zamonaviy ta'lim rivojlanishidagi o'rni .....	137
<i>Tojiyeva Asila Abdimannon qizi, Pardayeva Ra'no Eshboyevna</i>	
Talabalar jamoasida uchraydigan nizoli vaziyatlarning diagnostik tahlili .....	142
<i>Vaxobova Muxtabar Nurmuhimmat qizi</i>	
Kreativ yondashuv asosida talabalarining kasbiy sifatlarini shakllantirish .....	146
<i>Xolmatova Gulhayo Ulug'bekovna</i>	
Maktabgacha yoshdagi bolalar tarbiyasining psixologik asoslari .....	151
<i>Xurvaliyeva Tarmiza Latipovna</i>	
Umumta'lim maktab direktorlarining boshqaruv samaradorligini oshirishda media va axborot savodxonligini rivojlantirish modelini takomillashtirish .....	156
<i>Abdulxakimova Ziyoda Latibjon qizi</i>	
Boshlang'ich sinf o'quvchilarining darsda muammoli STEAM loyihalarini yaratish ko'nikmalarini rivojlantirish .....	161
<i>M. S. Achilova</i>	
Optik tushunchalarni shakllantirish metodikasi .....	165
<i>Avulova Zamira Tursunmurodovna, Nomozova Dilnoza Mamarajab qizi, Cho'liyeva Sofiya Sobirjon qizi, Shog'dorova Moxinur Bobomurot qizi</i>	
PHET simulyatsiyalari yordamida optikani o'rgatish .....	169
<i>Avulova Zamira Tursunmurodovna, Nomozova Dilnoza Mamarajab qizi, Toshmirzayeva Buvioysha Panji qizi, Ruziyeva Jasmina Sirojiddin qizi</i>	
Boshlang'ich sinf o'quvchilari ijodiy fikrlashini o'ziga xos jihatlari .....	173
<i>Gafurova Shoxista Erali qizi</i>	
O'zbekiston hududlarida yengil atletika infratuzilmasi va sportchilar tayyorlash tizimini tashkiliy-boshqaruv asoslari .....	178
<i>Hakimova Mushtariybonu Hamidovna, Tursunpolatova Ziyoda Jahongir qizi</i>	
O'zbekistonda mustaqil fikrlash muammosi bo'yicha olib borilgan tadqiqotlar tahlili .....	181
<i>Tursunova Dilbar Zafarovna</i>	

Methodology for Developing Competencies in Primary Education and the Communicative Analysis of Oral Speech.....	184
<b>Turumbetova Aygul Yusupbaevna</b>	
Bo'lajak boshlang'ich sinf o'qituvchilarini "Tarbiya" darslarida o'quvchilarning mantiqiy fikrlash qobiliyatini rivojlantirishga o'rgatish metodikasi .....	189
<b>Ummatkulova Sayyora Shovkatovna</b>	
Boshlang'ich sinflarda matematika ta'limini tashkil etish .....	191
<b>Saydullayeva Shabbona Ashraf qizi, Axtamqul Azamqulov, Anvar Yusupov</b>	
Metakognitiv xabardorlik ko'rsatgichlarining ta'lim shakliga bog'liqligi.....	195
<b>Ermatova Robiya Bekjonali qizi</b>	
The Integration of Artificial Intelligence Technologies in Esp Instruction: Enhancing Professional Communicative Competence in Higher Education .....	199
<b>Ismailova Shaira Ferdausovna</b>	
Intercultural Communicative Competence in English Language Teaching: Preparing Global Learners .....	204
<b>Maqsudova Gulnoz Olimovna</b>	
Teaching Reading Through Multimodal Texts: Enhancing Comprehension and Engagement in EFL Classrooms .....	208
<b>Norboyeva Shahnoza Jo'rabek qizi</b>	
Digital Technologies and Cognitive Competence Development in English Language Teaching .....	212
<b>Sharipova Muhabbat Erkinovna</b>	
Raqamli ta'lim muhitida sun'iy intellektga asoslangan elektron o'quv resurslarini loyihalashning konseptual-pedagogik asoslari va didaktik muammolar tahlili.....	216
<b>Shirinov Feruzjon Shuxratovich, Raxmonov Ziyodillo Xusanovich</b>	
Boshlang'ich ta'limda timss mezonlari: kontekstli muammolarga yondashuv .....	222
<b>Yo'ldoshev Farhodjon Baxtiyor o'g'li</b>	
O'qituvchilarning qadriyatlarini va stressga barqarorlik o'rtasidagi o'zaro bog'liqlikning psixologik tahlili .....	227
<b>Yuldashova Dilafuz Shavkatovna</b>	
Bo'lajak o'qituvchilarning kasbiy kompetentsiyasini shakllantirish pedagogik muammo sifatida .....	229
<b>Safarova Madina Azamat qizi</b>	
Социально-психологические особенности отношения студентов к использованию искусственного интеллекта chatgpt в образовательной деятельности.....	233
<b>Аскарлова Гулрух Оринбасаровна</b>	
Диалог культур в произведениях русскоязычных писателей Узбекистана XXI века .....	239
<b>Чернова Татьяна Алексеевна, Отакулов Ғолиб</b>	
Русский язык как пространство межкультурной коммуникации в литературе Узбекистана .....	242
<b>Чернова Татьяна Алексеевна, Имамов Жавлонбек, Абдурахмонов Элбек</b>	
Umumta'lim maktablarida jismoniy tarbiya va sport tadbirlarining asosiy shakllari .....	245
<b>Abdukarimov Nurmaxan Amirxanovich</b>	
Orol bobo obrazi orqali inson va tabiat birligining talqini .....	249
<b>Hayotova Diyora Hamid qizi</b>	
Yosh taekvondochilarda (10–12 yoshli) kuch, tezkorlik va ephillik sifatlarini takomillashtirish metodikasi ..	254
<b>Iminova Z. B., Nazarova M. A.</b>	
Oliy ta'lim muassasasi kafedra mudirlarida liderlik xususiyatini rivojlantiruvchi ijtimoiy-psixologik omillar ....	258
<b>Mamatkulova Kimyoxon Abdujalilovna</b>	
Mediafalsafaning oliy ta'lim tizimidagi didaktik imkoniyatlari va pedagogik funksiyalari .....	265
<b>Mirabdullayev Izzatillo Isroiljon o'g'li</b>	
Maktabgacha ta'lim tashkiloti kun tartibini to'g'ri tashkil etishda tarbiyachining roli.....	271
<b>Muminova Gulasal Baxodirovna</b>	
Soft Skills yondashuvi asosida bo'lajak boshlang'ich sinf o'qituvchilarida pedagogik muloqot madaniyatini shakllantirish .....	275
<b>Quvonova Nodirabegim Shavkat qizi</b>	
Tasviriy faoliyat jarayonida eshitishda nuqsoni bo'lgan o'quvchilarning kognitiv jarayonlarini rivojlantirish ..	280
<b>Sadirova Kamola Giyozovna</b>	



Inklyuziv ta'lim sharoitida maxsus pedagogik metodlar orqali o'quvchilarning ijtimoiy moslashuvini ta'minlash.....	284
<i>Suyunova Kamola Jamshed qizi, Suvonova Kamola Rayimkulovna</i>	
Web-dizayn texnologiyalari asosida bo'lajak informatika va axborot texnologiyalari o'qituvchilarining raqamli kompetentligini shakllantirish metodikasi .....	287
<i>Ulmasbek Abdubanapovich Yuldashev, Prof. Dr. Ayhan Istanbulu</i>	
O'smirlar axloqiy rivojlanishining psixologik determinantlari va ularni takomillashtirish mexanizmlari .....	293
<i>Umaraliyev Muzaffarjon Muhammadjon o'g'li</i>	
Oliy ta'limda o'zbek tili fanini o'qitish: muammo va yechimlar .....	297
<i>Yuldasheva Dilnoza Bekmurodovna</i>	
Folklor motivlarining bolalar xarakteri shakllanishidagi o'rni.....	300
<i>Safarova Nigora Oxunjonovna, Sayfilloyeva Jasmina Jahongirovna</i>	
Kreativ pedagogga qo'yiladigan talablar va uni shakllantirish bosqichlari.....	304
<i>Abdialimova Maxfuza Safarboy qizi</i>	
Biologiya darslarida STEM va biotexnologiya integratsiyasining nazariy poydevori .....	307
<i>Abdusamatov Abduqodir Norqul o'g'li</i>	
The Effectiveness of Project-Based Learning in Developing 21 <sup>st</sup> -Century Skills Among EFL Learners .....	314
<i>Axmatova Munisa Orif qizi</i>	
Autizm spektri buzilishi bo'lgan bolalarning o'yin faoliyati asosida ijtimoiylashuvi.....	320
<i>P. M. Pulatova, El'muradova Madina Yangiboy qizi</i>	
Boshlang'ich sinf o'quvchilarining nutqiy kompetensiyalarini xalq og'zaki ijodi asosidagi didaktik o'yinlar orqali rivojlantirishning lingvopsixologik va tarbiyaviy mexanizmlari.....	326
<i>Muqimova Gullola Qobil qizi, Sultonov Humoyun Ulug'murodovich</i>	
Tillarni o'qitish jarayonini modellashtirishning metodologik asoslari.....	330
<i>Nurkeldi Jarasbayev</i>	
Sun'iy intellekt texnologiyalarining informatika ta'limidagi o'rni va ahamiyati .....	334
<i>Abdullayev Abubakir Narzullayevich, Xurozboyeva Sevinch Abror qizi</i>	
Научно-методологические основы организации психопрофилактической и психокоррекционной работы в практической психологии .....	337
<i>Ядгарова Озода Ибрагимовна</i>	
Raqamli ta'lim muhitida birlamchi manbalar bilan ishlashning sun'iy intellektga asoslangan pedagogik-metodik mexanizmlari .....	342
<i>Yursinboyev Jaxongir Mexrojidin o'g'li</i>	
Zamonaviy biologiyada umumiy genetikaning o'rni va istiqbollari .....	348
<i>Ko'bayev Jurabek Eshmamatovich</i>	
Разработка системы мониторинга информационной безопасности для высших учебных заведений... ..	352
<i>Хамроев Шохбоз Султонмуродович</i>	
Klaster metodi asosida boshlang'ich sinf o'quvchilarida matnli masala yechish ko'nikmasini rivojlantirish ..	356
<i>Atoyeva Laylo Akram qizi</i>	
Ta'lim subyekti sifatida o'qituvchi va sun'iy intellektning psixologik-pedagogik xususiyatlarini qiyosiy tahlil qilish.....	363
<i>Mirзахmatova Sayyora Saydaxmatovna</i>	
Research Methodologies for Examining English Texts Focused on Ecotourism Destinations .....	366
<i>Nurbek Yavqochev</i>	
Maktabgacha yoshdagi bolalar aqliy rivojlanishida bolalar adabiyotining o'rni.....	369
<i>Yuldoshova Mexriniso</i>	



# RESEARCH METHODOLOGIES FOR EXAMINING ENGLISH TEXTS FOCUSED ON ECOTOURISM DESTINATIONS

**Nurbek Yavqochev**  
English language and literature

**Abstract:** This article examines research methodologies used in analyzing English texts focused on ecotourism destinations. The study explores qualitative, quantitative, discourse, content, stylistic, and ecocritical approaches. It highlights how these methodologies help researchers understand the representation of nature, culture, and sustainability in tourism-related texts. The paper also emphasizes the interdisciplinary nature of ecotourism discourse analysis and its importance in environmental awareness and linguistic studies.

**Key words:** ecotourism, travel writing, discourse analysis, ecocriticism, methodology, sustainability, English texts.

**Annotatsiya:** Ushbu maqolada ekoturistik yo'nalishlarga oid inglizcha matnlarni tahlil qilishda qo'llaniladigan tadqiqot metodologiyalari ko'rib chiqiladi. Sifatli va miqdoriy yondashuvlar, diskurs tahlili, kontent tahlili, stilistik tahlil hamda ekokritik yondashuvlar yoritiladi. Tadqiqotda ushbu metodlar orqali ekologik ong va barqaror turizm g'oyalari ifodalashning muhimligi ta'kidlanadi.

**Kalit so'zlar:** ekoturizm, metodologiya, diskurs tahlili, ekologik ong, barqarorlik.

**Аннотация:** В статье рассматриваются методы исследования английских текстов, посвящённых экотуристическим направлениям. Анализируются качественные и количественные подходы, дискурс-анализ, контент-анализ, стилистический анализ и экокритика. Подчёркивается роль данных методов в изучении экологического сознания и представления природы в туристических текстах.

**Ключевые слова:** экотуризм, методология, дискурс-анализ, экокритика, устойчивое развитие.

## INTRODUCTION

In recent years, ecotourism has gained increasing attention as a sustainable form of travel that encourages environmental protection and responsible interaction with local communities. As the popularity of ecotourism destinations continues to grow, a wide range of English-language texts has emerged to inform, attract, and educate travelers. These texts not only provide information about natural attractions but also convey particular attitudes toward nature, culture, and sustainability. The analysis of English texts related to ecotourism destinations has become an important area of research in linguistics and tourism studies. Such texts contain linguistic, cultural, and environmental elements that can reveal how destinations are presented to potential visitors. To investigate these aspects effectively, researchers employ different methodological approaches depending on the objectives of their studies. The choice of research methodology influences the accuracy and depth of the findings, making it a crucial component of academic investigation. Therefore, understanding the methods used to examine ecotourism-related texts is essential for producing reliable and meaningful research outcomes.

These methods allow researchers to identify recurring themes, linguistic patterns, and communicative strategies that shape readers' understanding of sustainability and tourism. Furthermore, studying English ecotourism texts contributes to a deeper understanding of how language influences environmental awareness. It also helps reveal how tourism industries construct meaning and promote ethical travel practices through carefully designed communication. Therefore, selecting appropriate research methodologies is essential for conducting a comprehensive and reliable analysis of such texts. This study focuses on examining the most effective methodological approaches for analyzing English texts related to ecotourism destinations and highlights their relevance in modern linguistic and tourism research.



## LITERATURE REVIEW

Research on ecotourism and its representation in English texts has developed significantly within the fields of applied linguistics, tourism studies, and environmental communication. Scholars have increasingly focused on how language is used to construct meanings related to sustainability, nature conservation, and responsible travel behavior. In this context, ecotourism discourse is not only considered a source of information but also a tool for shaping tourists' attitudes and environmental awareness. One important direction in previous studies is the analysis of tourism discourse from a linguistic perspective. Researchers such as Dann (1996) emphasize that tourism language is highly persuasive and often functions to attract and influence potential travelers.

Similarly, other studies highlight that tourism texts tend to idealize destinations by emphasizing natural beauty and cultural authenticity while minimizing environmental challenges. This perspective is useful for understanding how ecotourism destinations are linguistically framed in English-language materials. Another group of studies focuses on ecological discourse and environmental communication. Scholars argue that ecotourism texts often integrate environmental values through specific lexical choices such as "sustainable," "eco-friendly," "natural preservation," and "responsible travel." These linguistic elements are not neutral; instead, they reflect broader ideological positions that promote environmental consciousness. As a result, ecotourism discourse becomes a medium for educating readers about sustainability issues. In addition, content analysis and discourse analysis have been widely used.

## RESEARCH METHODOLOGY

This study adopts a qualitative research design aimed at examining English texts related to ecotourism destinations. The qualitative approach is considered appropriate because it allows for an in-depth interpretation of language use, meaning construction, and communicative strategies within tourism discourse. Since ecotourism texts are rich in linguistic and contextual features, qualitative methods provide the flexibility needed to explore both explicit and implicit meanings embedded in the data.

The primary data for this research consist of English-language texts related to ecotourism destinations, including travel articles, promotional brochures, official tourism websites, and online travel blogs. These texts are selected based on their relevance to ecotourism themes such as sustainability, environmental protection, and responsible travel. A purposive sampling technique is used to ensure that only texts with significant ecological and tourism-related content are included in the analysis.

## ANALYSIS AND RESULTS

The analysis of English texts related to ecotourism destinations reveals several consistent linguistic and thematic patterns that reflect how nature-based tourism is represented and promoted. Through discourse and content analysis, it became evident that these texts are carefully constructed to balance informational content with persuasive intent. One of the most prominent findings is the frequent use of positive evaluative language. Ecotourism destinations are commonly described using adjectives such as "untouched," "pristine," "breathtaking," and "eco-friendly." Such lexical choices create an idealized image of natural environments, emphasizing their beauty and purity. This linguistic strategy is intended to attract tourists while simultaneously promoting the idea of environmental appreciation and protection.

Another important result is the strong presence of sustainability-related terminology. Words and phrases such as "sustainable tourism," "environmental conservation," "responsible travel," and "low-impact tourism" appear regularly across different types of texts. These expressions indicate that ecotourism discourse is not only promotional but also educational, as it encourages readers to adopt environmentally responsible behavior. The analysis also shows that ecotourism texts often employ persuasive techniques such as direct address ("you can explore," "you will experience") and inclusive language ("we invite you," "our natural heritage"). These strategies help create a personal connection between the reader and the destination, increasing the persuasive impact of the text. In addition, thematic categorization of the data highlights three dominant themes: natural attraction, cultural interaction, and environmental responsibility.

Natural attraction is the most frequently emphasized theme, often focusing on landscapes, wildlife, and scenic beauty. Cultural interaction appears through references to local communities, traditions, and heritage. Environmental responsibility is expressed through messages encouraging conservation and sustainable behavior. Overall, the results demonstrate that English ecotourism texts are not neutral descriptions of destinations but carefully crafted discourses that combine marketing strategies with environmental ideology. They simultaneously inform, persuade, and educate readers, shaping their perception of ecotourism as both an enjoyable and responsible form of travel.

## CONCLUSION

This study investigated research methodologies for examining English texts focused on ecotourism destinations and analyzed how such texts construct meaning through language. The findings demonstrate that ecotourism discourse is a complex combination of informational, persuasive, and ideological elements. English texts related to ecotourism do not simply describe natural destinations; instead, they actively shape readers' perceptions by highlighting environmental values, sustainability, and cultural experiences.

The analysis showed that discourse analysis and content analysis are effective methodological tools for studying ecotourism-related texts. These approaches allow researchers to identify linguistic patterns, thematic structures, and communicative strategies that are consistently used across different genres of tourism communication. In particular, the use of positive evaluative language, sustainability-related terminology, and persuasive expressions plays a significant role in constructing attractive and environmentally responsible images of destinations.

Overall, the study confirms that methodological choice is crucial for understanding how ecotourism is represented in English texts. A well-structured methodological framework enables researchers to move beyond surface-level descriptions and explore deeper meanings embedded in discourse. Based on the findings, it is recommended that future research expand the dataset to include multilingual ecotourism texts for comparative analysis. Additionally, combining qualitative methods with basic quantitative techniques could provide more comprehensive insights into linguistic frequency and pattern distribution.

### References:

1. Fairclough, N. (2015). *Language and Power*. Routledge.
2. Halliday, M. A. K., & Matthiessen, C. (2014). *Halliday's Introduction to Functional Grammar*. Routledge.
3. Glotfelty, C., & Fromm, H. (Eds.). (1996). *The Ecocriticism Reader: Landmarks in Literary Ecology*. University of Georgia Press.
4. Titscher, S., Meyer, M., Wodak, R., & Vetter, E. (2000). *Methods of Text and Discourse Analysis*. Sage Publications.
5. Bloor, M., & Bloor, T. (2013). *The Practice of Critical Discourse Analysis*. Routledge.
6. Baker, P. (2006). *Using Corpora in Discourse Analysis*. Continuum.
7. Urry, J. (2002). *The Tourist Gaze*. Sage Publications.

- 
- 13.00.00 Pedagogika fanlari
  - 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
  - 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
  - 13.00.03 Maxsus pedagogika
  - 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
  - 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
  - 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
  - 13.00.07 Ta'limda menejment
  - 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
  - 13.00.09 Ijtimoiy pedagogika
  - 07.00.00 Tarix fanlari
  - 19.00.00 Psixologiya fanlari
  - 01.00.00 Fizika-matematika fanlari
  - 02.00.00 Kimyo fanlari
  - 03.00.00 Biologiya fanlari
  - 09.00.00 Falsafa fanlari
  - 10.00.00 Filologiya fanlari
  - 11.00.00 Geografiya fanlari



# MAKTABGACHA VA MAKTAB TA'LIMI

**Mas'ul muharrir:** Ramzidin Ashurov

**Ingliz tili muharriri:** Murod Xoliyorov

**Musahhih:** Alibek Zokirov

**Sahifalovchi va dizayner:** Iskandar Islomov

---

**2026. №6(3)**

---

© Materiallar ko'chirib bosilganda "Maktabgacha va maktab ta'limi" jurnali manba sifatida ko'rsatilishi shart. Jurnalda bosilgan material va reklamalardagi dalillarning aniqligiga mualliflar ma'sul. Tahririyat fikri har vaqt ham mualliflar fikriga mos kelamasligi mumkin. Tahririyatga yuborilgan materiallar qaytarilmaydi.

"Maktabgacha va maktab ta'limi" jurnali 26.09.2023-yildan O'zbekiston Respublikasi Prezidenti Adminstratsiyasi huzuridagi Axborot va ommaviy kommunikatsiyalar agentligi tomonidan №C-5669363 reyestr raqami tartibi bo'yicha ro'yxatdan o'tkazilgan.  
**Litsenziya raqami: № 136361.**

**Manzirimiz:** Toshkent shahar, Yunusobod tumani  
19-mavze, 17-uy.